Pathway to a Common Plan

The Community Collaborative for Youth and Families

March 10, 2017



Pathway to a Common Plan



Our targeted outcome:

"to move the needle on reducing the percent of youth who enter and/or re-enter the juvenile justice system."



Pathway to a Common Plan

TAKE AWAYS

- Action Steps -Completed based on large group work
- Committee Structure sheet for review and discussion (April Meeting)
- Risk Factors Contributing to Juvenile Delinquency
- Excel sheet with agency program related to risk factor
- O The Asset-Building Difference One pager
- O 40 Development Assets (4)
- Developmental Assets Profile (DAP) Summary (relationships first article, DAP sample survey summary)

Completed/Progressing Action Steps



Committee Structure Review & Discussion

Leadership Team

Purpose: Provide leadership and guidance to the Collaborative. Act as the administrative oversight authority for all Collaborative functions.

Membership Committee

Purpose: To support the growth and sustainability of the Collaborative through recruitment of new members, orientation, and retention of members to enhance efforts of the Collaborative.

Education and Training Committee

Purpose: To plan, host, and collaborate on trainings and workshops to educate the community as a whole. Through our events, provide other committees and partnering agencies with information for planning, collaboration, marketing, professional development an recruiting purposes.

Data and Evaluation Committee

Purpose: To collect and analyze the data collected in Planning District 16 by the Collaborative and use the information to evaluate the activities as it relates to the strategic plan.

Marketing and Media Committee

Purpose: To promote and publicize all events and trainings carried out by the Collaborative as well as other events being held within Planning District 16 that support the purpose of the Collaborative. To ensure that all committee members, other community partners and potential participants/families are aware of Collaborative initiatives and activities.

Funds Development Committee

Purpose: To identify and acquire the funds necessary to support the endeavors of partnering agencies in the Collaborative and specific Prevention activities identified in the strategic plan of the Collaborative for Planning District 16.

Identified Risk and Protective Factors

Risk factors

- Homelessness
- O Substance Abuse
- Mental Health
 Challenges
- Unemployed Household
- Living in Poverty

- Lack of Education
- Lack of Meaningful Relationships and Connections
- Peer Pressure

Protective factors

- Family
 Relationships
- Peer Relationships
- Positive RoleModels
- O Educational Support
- Prevention of
 Substance Use

- Social Activities
- O Nutrition
- O and more

How Does Your Agency Relate?



The Asset-Building Difference

Moving From....

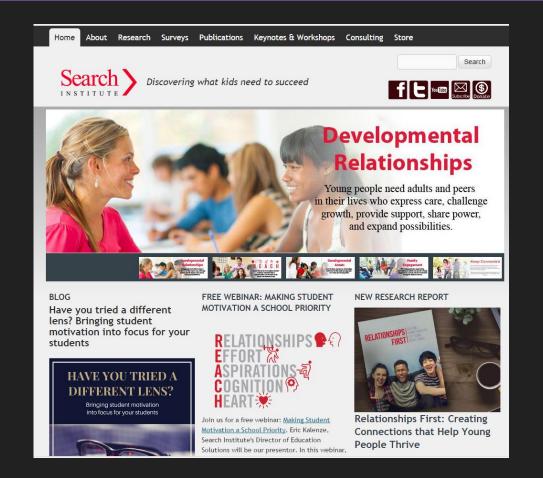
Talking about problems Focusing on troubled and troubling youth Focusing primarily on ages birth to 5 Age segregation Viewing young people as problems Reacting to problems Blaming others Treating youth as objects of programs Relying on professionals Competing priorities Conflicting signals about values and priorities Managing crises Despair

To....

Talking about positives and possibilities Focusing on all children and adolescents Focusing on all young people, ages birth to 18 Intergenerational community Seeing youth as resources Being proactive about building strengths Claiming personal responsibility Respecting youth as actors in their own development Involving everyone in the lives of young people Cooperative efforts Consistent messages about what is important Building a shared vision Hope

40 Developmental Assets

- Released by The Search Institute (www.search-institute.org) in 1990
- Identifies a set of skills, experiences, relationships, and behaviors that support young people developing into successful and contributing adults
- O Utilized frequently world-wide
- Search Institute surveys more than 5 million children and youth across all backgrounds







- 1. Family Support Family life provides high levels of love and support.
- 2. <u>Positive Family Communications</u> Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parents.
- 3. <u>Other Adult Relationships</u> Young person receives support from three or more nonparent adults.
- 4. <u>Caring Neighborhood</u> Young person experiences caring neighbors.
- 5. <u>Caring School Climate</u> School provides a caring, encouraging environment.
- 6. <u>Parent Involvement in Schooling</u> Parent(s) are actively involved in helping the child succeed in school.



Empowerment

- 7. <u>Community Values Children and Youth</u> Young person perceives that adults in the community value youth.
- 8. <u>Youth as Resources</u> Young people are given useful roles in the community.
- 9. <u>Service to Others</u> Young person serves in the community one hour or more per week.
- 10. Safety Young person feels safe at home, school, and in the neighborhood



Boundaries and Expectations

- 11. <u>Family Boundaries</u> Family has clear rules and consequences and monitors the young person's whereabouts.
- 12. <u>School Boundaries</u> School provides clear rules and consequences.
- Neighborhood Boundaries Neighbors take responsibility for monitoring young people's behavior.
- 14. <u>Adult Role Models</u> Parent(s) and other adults model positive, responsible behavior.
- 15. <u>Positive Peer Influences</u> Young person's best friends model responsible behavior.
- 16. <u>High Expectations</u> Both parent(s) and teachers encourage the young person to do well.



Constructive Use of Time

- 17. <u>Creative Activities</u> Young person spends three or more hours per week in lessons or practice in music, theater, or other arts.
- 18. <u>Youth Programs</u> Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in community organizations.
- 19. Religious Community Young person spends one hour or more per week in activities in a religious institution.
- 20. Time at Home Young person is out with friends "with nothing special to do" two or fewer nights per week.



Commitment to Learning

- 21. Achievement Motivation Young person is motivated to do well in school.
- 22. School Engagement Young person is actively engaged in learning.
- 23. Homework Young person reports doing at least one hour of homework every school day.
- 24. Bonding to School Young person cares about her or his school.
- 25. Reading for Pleasure Young person reads for pleasure three or more hours per week.



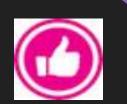
Positive Values

- **26.** Caring Young Person places high value on helping other people.
- 27. Equality and Social Justice Young person places high value on promoting equality and reducing hunger and poverty.
- 28. Integrity Young person acts on convictions and stands up for her or his beliefs.
- 29. Honesty Young person "tells the truth even when it is not easy."
- **30.** <u>**Responsibility**</u> Young person accepts and takes personal responsibility.
- 31. **Restraint** Young person believes it is important not to be sexually active or to use alcohol or other drugs.



Social Competencies

- 32. Planning and Decision Making Young person knows how to plan ahead and make choices.
- **33.** Interpersonal Competence Young person has empathy, sensitivity, and friendship skills.
- 34. Cultural Competence Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds
- **35.** <u>Resistance Skills</u> Young person can resist negative peer pressure and dangerous situations.
- 36. <u>Peaceful Conflict Resolution</u> Young person seeks to resolve conflict nonviolently.



Positive Identity

- 37. Personal Power Young person feels he or she has control over "things that happen to me."
- **38.** Self-Esteem Young person reports having a high self-esteem.
- **39.** Sense of Purpose Young person reports that "my life has a purpose."
- 40. Positive View of Personal Future Young person is optimistic about her or his personal future.

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Community Collaborative for Youth and Families

www.thecommunitycollaborative.org

MISSION

Cultivate a thriving community through an inclusive collaborative helping youth and families acquire the foundation to be stable and successful.

TARGETED OUTCOME

To reduce the number of youth entering or re-entering the juvenile justice system.

COMMON PLAN

The Community Collaborative for Youth and Families has identified the following nine (9) outcomes and indicators to achieve our mission and reach our targeted outcome. The intent of this Common Plan is to provide a framework for individuals and organizations to collectively define, communicate, and document youth and family development activities within Planning District 16. Utilization of the Common Plan will increase opportunities for collaboration and amplify collective impact. Alignment with the Common Plan by member agencies is encouraged but is not intended to replace existing frameworks utilized within their organizations.

The Search Institute's 40 Developmental Assets® were used as a guide in the creation of this Common Plan. The Developmental Asset Profile (DAP) will be the measure utilized to establish the benchmark for the Collaborative across all nine (9) outcomes. Additional measures will be identified, created, and added by Collaborative members hip.

COMMUNITY

Outcomes	Indicator	Possible Measures
Family Support	Parent(s) and/or primary caregiver(s) provide the child with high levels of consistent and predictable love and support, physical care, and positive attention in ways that are responsive to the child's unique emotional needs.	 Developmental Asset Profile (DAP) Existing measures utilized by member agencies. Additional measures identified through the research of CCYF
Other Adult Relationships	Children and youth receive consistent support and experience caring relations hips with adults other than their parents.	• See above.

Community Values Children and Youth	Children and youth are welcomed and included and feel valued by the community.	• See above.
Safety	The community takes action to ensure children and youth feel safe at home, at school, and in their neighborhood.	• See above.
Role Models	Community members model and encourage positive, responsible behavior and healthy lifestyles.	• See above.
School and Community Programs	Children and youth participate at an age appropriate level in co-curricular school activities and/or structured community programs.	• See above.

CHILDREN AND YOUTH

Outcomes	Indicator	Possible Measures
Responsibility	Children and youth learn to accept and take responsibility at an age appropriate level.	 Developmental Asset Profile (DAP) Existing measures utilized by member agencies. Additional measures identified through the research of CCYF.
Resistance Skills	Children and youth learn to recognize and avoid risky behavior and dangerous situations and to resist negative influences.	• See above.
Peaceful Conflict Resolution	Children and youth learn to resolve conflicts without using physical aggression or hurtful language.	• See above.

GLOSSARY

Child: ages 0 to 11 Youth: ages 12 to 18 Community: Everyone, including parents and caregivers as well as peers

Developmental Asset Profile Summary

The Developmental Assets Profile (DAP)

Measuring young peoples' internal strengths and external supports and their growth in these key areas over time.

- O Do they feel surrounded by people who love, care for, appreciate, and accept them?
- Do they feel valued, valuable, and safe?
- O Do they feel that they have been provided with clear rules, consistent consequences for breaking rules, and encouragement to always do their best?
- O Do they have opportunities outside of school to learn and develop new skills and interests with other youth and adults?
- Do they understand the lasting importance of learning and believe in their own abilities?
- Are they developing strong guiding values that will help them make healthy life choices, including responsibility, empathy, and self-control?
- Do they have the skills to interact effectively with others, to make difficult decisions, and to cope with new situations?
- Do they believe in their own self-worth and feel that they have control over the things that happen to them?





Next Meeting:

Friday, April 14, 2017 9:00 a.m. Rappahannock United Way – Board Room