

Presenting Symptom

I am here for _____



Validation of Immediate Need (Symptom)

Tell me about _____
How this is impacting your life

What is it that you want to have happen?



Review of Systems/Review of Wellness

Wellness involves lots of different components:
Social, Emotional, Intellectual, Physical, Spiritual,
Occupational

Connection between life experience and health
Mind Body Connection



ACES and Resilience Education

This is what I am learning about adversity and resilience _____

Metaphor

Story



Resilience and ACES Case Planning